

# 1996 Section 7A Championship – May 31, 1996

**Team:** Cromwell 80, Esko 63½, Mesabi East 56, Hermantown 56, Marshall 42, Carlton/Wrenshall 40, Aitkin 39, Deer River 38, Ely 37, International Falls 29½, Chisholm 28, Greenway 21½, Cherry 18½, Two Harbors 17½, Cook 17, Crosby-Ironton 16½, Barnum 15, Bigfork 13, Eveleth-Gilbert 12, Babbitt-Embarass 5, Cotton 4, McGregor 4, Nashwauk-Keewatin 4, Moose Lake/Willow River 3, East Central 1.

## 100

1 Erik Hanson, Mesabi East	10.98
2 Jason Jacobson, Aitkin	11.12
3 Dan Sondgeroth, Deer River	11.27
4 Rich Tessier, Ely	11.37
5 Joe Jonak, Crosby-Ironton	11.47
6 James Anderson, Cromwell	11.60
7 Shane Belehar, Ely	11.68
8 Doug Sitra, Two Harbors	11.93

## 200

1 Adam Freed, Marshall	22.07
2 Erik Hanson, Mesabi East	22.51
3 Jason Jacobson, Aitkin	23.32
4 Joel Marleau, Ely	23.35
5 David Hanson, Aitkin	23.36
6 Rich Tessier, Ely	23.46
7 James Anderson, Cromwell	23.82
8 Jesse Brown, Greenway	24.58

## 400

1 Adam Freed, Marshall	48.45
2 Erik Hanson, Mesabi East	49.18
3 Dan Sondgeroth, Deer River	49.52
4 David Hanson, Aitkin	50.82
5 Joel Marleau, Ely	51.87
6 Kelly Hanson, Deer River	54.33
7 Scott Roberts, Crosby-Ironton	54.34

## 800

1 Jeremy Buboltz, Hermantown	2:01.27
2 Ryan Olson, Marshall	2:01.73
3 Jason Alt, Cook	2:02.53
4 Steve Novoselac, Chisholm	2:04.80
5 Vern Johnson, Carlton/W	2:06.00
6 Benji Champ, Cook	2:06.02
7 Derek Jackson, Deer River	2:06.40
8 Mike May, Crosby-Ironton	2:08.72

## 1600

1 Brian Granholm, Cromwell	4:25.85
2 James Mullenix, Carlton/W	4:26.70
3 Kris Glesener, Esko	4:29.00
4 Ebassa Behanu, Babbitt/E	4:35.57
5 Andy Hartmark, Eveleth-G	4:35.99
6 Ted Voss, Aitkin	4:36.76
7 Noah Rounds, Bigfork	4:39.63
8 Mike May, Crosby-I	4:45.40
8 Andy Prevost, Esko	4:45.40

## 3200

1 James Mullenix, Carlton/W	9:38.00
2 Brian Granholm, Cromwell	9:58.92
3 Matt Loberg, Mesabi East	10:03.00
4 Stacy Homstad, Cromwell	10:09.65
5 Kris Glesener, Esko	10:24.42
6 Ted Voss, Aitkin	10:24.47
7 Paul Skalko, Eveleth-G	10:26.99
8 Ron Waara, Chisholm	10:39.21

## High Hurdles

1 Chris Lehman, Esko	15.52
2 Tyler Howard, Cromwell	15.77
3 Jared Murray, Hermantown	15.79
4 Conn Mattfield, Greenway	16.45
5 Dave Beseman, Cherry	16.82
6 Kyle Landwehr, Moose Lake/WR	17.22
7 Frank Vdovickh, Ely	18.16
8 Nate Johnson, Esko	22.24

## Intermediate Hurdles

1 Chris Lehman, Esko	40.61
2 Beau Johnson, Chisholm	40.87
3 Chris Murray, Mesabi East	42.96
4 Brent Clark, Barnum	43.41
5 Chris Voss, Hermantown	43.84
6 Dave Beseman, Cherry	44.03
7 Mark Westlund, Mesabi East	44.19
8 Conn Mattfield, Greenway	44.51

## 4x100 Relay

1 Hermantown	44.43
2 Aitkin	44.51
3 Ely	44.63
4 International Falls	45.59
5 Chisholm	46.51
6 Crosby-Ironton	46.68
7 Two Harbors	47.51
8 Deer River	48.98

## 4x400 Relay

1 Hermantown	3:30.77
2 Deer River	3:32.00
3 Esko	3:38.43
4 Mesabi East	3:40.73
5 Ely	3:40.97
6 Cromwell	3:41.62
7 Chisholm	3:43.97
8 Crosby-Ironton	3:46.17

## Sprint Medley Relay

1 Hermantown	3:43.42
2 International Falls	3:49.11
3 Cherry	3:53.59
3 Cromwell	3:53.59
5 Nashwauk/Keewatin	3:56.68
6 Esko	3:58.08
7 Deer River	3:58.75
- Moose Lake/WR	DQ

## Shot Put

1 Thor Johnson, Bigfork	47-2 ½
2 Simon Stewart, Carlton/W	46-8
3 Josh Bickford, Eveleth-G	44-5
4 Leland Shelton, Cromwell	43-8 ½
5 Mike Sovari, Cotton	43-2
6 Eric Griffith, Hermantown	43-1
7 Leif Johnson, Intl Falls	42-0 ½
8 Kyle Underwood, East Central	41-5 ½

## Discus Throw

1 Nathan Decaigny, Carlton/W	135-1
2 Mike Bakk, Cook	134-7
3 Frank Vdovickh, Ely	129-4
4 Ryan Olesiak, Cromwell	129-4
5 Jesse Ball, Marshall	123-3
6 David Beseman, Cherry	122-3
7 Andrew Kestly, Chisholm	120-8
8 Thor Johnson, Bigfork	118-5

## Long Jump

1 Adam Freed, Marshall	22-1 ½
2 Erik Hanson, Mesabi East	21-0
3 Kyle Young, Chisholm	20-10 ¾
4 Tony Oquendo, Greenway	20-4
5 James Anderson, Cromwell	20-3
6 John Eastvold, Hermantown	19-5 ¾
7 Jason Jacobson, Aitkin	18-11 ½
8 Fred Swanson, Intl Falls	18-11

## Triple Jump

1 Josh Bailey, Barnum	44-3
2 Ryan Olesiak, Cromwell	42-2 ½
3 Peter Kubat, Esko	42-1 ¼
4 Tony Oquendo, Greenway	40-9 ¼
5 Nate Johnson, Esko	40-8
6 Kyle Duehsler, Cherry	40-5 ¼
7 Tyler Homstad, Cromwell	40-4
8 Sean Oswald, Two Harbors	39-5 ¾

## High Jump

1 Brian Granholm, Cromwell	6-3
2 Shane Hraban, Two Harbors	6-2
3 Brian Glad, Intl Falls	6-0
4 Josh Dickey, Two Harbors	6-0
5 Mike Staum, McGregor	6-0
6 Jesse Brown, Greenway	5-7
7 Tony Oquendo, Greenway	5-7
7 Tyler Homstad, Cromwell	5-7

## Pole Vault

1 Joe Olson, Deer River	13-0
2 Chris Lehman, Esko	12-0
3 Taj Larson, Intl Falls	11-6
4 Steve Rosenbaum, Crosby-I	11-0
5 Ian Koivisto, Esko	10-6
6 Anton Zupanic, Mesabi East	10-6
7 Ben Presler, Intl Falls	10-0
8 Eric Peterson, Esko	10-0

**Notes:**